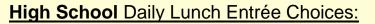
14.7				
Milor	1	2	3	4
Mílor Hígh	Chicken Enchiladas w/Rice	Chicken Gumbo W/Steamed Rice	Beef Chili Cheese Dog	Cheesy Nachos
7	8	9	10	11
Beef Walking Tacos	Chicken & Waffles	Beef Meatball Grinder w/Marinara Sauce & Mozzarella	Red Turkey Pozole w/Tortilla Chips	Grilled Cheese
14	15	16	17	18
Cheesy Pull-A-Part w/Marinara	Chicken Fettuccine Alfredo w/ Broccoli & Garlic Bread	Ham & Cheese Grinder w/ Lettuce & Tomatoes	General Tso's Chicken Wings w/Mac & Cheese	Tuna Grinder
21	22	23	24	25
Chili Verde Fries w/Roll	Albondigas Soup w/Tortilla Chips	Kung Pao Chicken w/Chow Mein Noodles	Beef Enchiladas w/Rice	Bean & Cheese Pupusas w/Curtido
28 BBQ Pork Rib Grinder w/Pickles	29 Spicy Chicken Quesadilla	30 Beef Italian Bake w/Roll	<u>Daily Milk Choices:</u> 1% White Milk Nonfat Chocolate Milk	



- Orange Chicken w/Seasonal Vegetables & Rice
- Teriyaki Chicken w/Seasonal Vegetables & Rice
- ❖ Buzz Burger (Tue. / Thu. only)
- Spicy Chicken Sandwich
- ❖ Yogurt Parfait w/Fruit & Granola

Daily Choices:

- Seasonal Fresh Fruit Options
- Frozen Fruit Cups (Tues. / Thurs.)
- Cool Tropics Variety (Mon. / Fri.)
- ❖ BBQ Beans
- Garden Salad
- Seasoned Potato Wedges
- Baby Carrots

Homemade Ranch Dressing | Ketchup | Mustard | Mayonnaise | | Soy Sauce | Tapatio Sauce | Tajin

All grains are whole-grain rich. Students must select a ½ cup of fruit and or a ½ cup of vegetables with their meal.

Meals are offered with non-fat chocolate milk or 1% white milk.



Monday: Protein Box

Tuesday: Spicy Chicken Salad w/Tapatio Ranch Dressing

Wednesday: Crunchy Chicken Wrap

Thursday: Chef Salad

Friday: Taco Salad

